



Maryland Orthopaedic Association

2020 Annual Meeting



February 8, 2020 • Graduate Annapolis Hotel • Annapolis, MD

Preliminary Program



Presidential Guest Speaker

Brooke M. Buckley, MD, FACS
Chief Medical Officer, Meritus Health
Easton, MD

www.mdortho.org

SCIENTIFIC PROGRAM ACCREDITATION INFORMATION

2020 PROGRAM COMMITTEE

A sincere thank you to this year's Program Committee for developing an outstanding scientific program. Your hard work and dedication are appreciated.

John-Paul H. Rue, MD, Chair
S. Ashfaq Hasan, MD
Brian Shiu, MD

SCIENTIFIC PROGRAM DETAILS

The Maryland Orthopaedic Association's Annual Meeting has been developed by the MOA Program Committee in conjunction with the American Academy of Orthopaedic Surgeons.

TARGET AUDIENCE

The 2020 MOA Annual Meeting is designed to meet the needs of Orthopaedic Surgeons and Orthopaedic Residents and Fellows. Information presented may also be of interest to physicians working in an orthopaedic setting.

CME ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Maryland Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of 8 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PURPOSE

Exchange of scientific information is vital to continuing professional development; therefore, the Program Committee of the MOA has selected the topic of Joint Arthroplasty to Joint Preservation: A Case-Based Approach. A practical case-based approach that is supported by the most up-to-date medical literature will share scientific knowledge with the practicing orthopaedic surgeon.

OBJECTIVES

Educational objectives will be met through a general session offering guest presentations,

President's Welcome

Scott McGovern, MD

President, Maryland Orthopaedic Association



Dear Colleague,

I am delighted to welcome our members, residents, fellows, exhibitors and guests to the 2020 Annual Meeting of the Maryland Orthopaedic Association (MOA). Since the origin of the MOA in 1966, your state professional organization has been the leading vehicle for continued education and fellowship among Maryland orthopaedic surgeons. Our mission to encourage, promote, and advance the science and medical art and practice of orthopaedic surgery has taken many new avenues in continuous improvement of our profession.

The Annual Meeting is the premier forum for the MOA's scientific, educational, and advocacy awareness. With the dedication of this year's program committee, Board, and executive staff led by our Program Chairman, Dr. John-Paul Rue, we are excited to present a meaningful event to bring practical and inspiring material home to our professional practices and our patients.

In continued service to our mission, the annual meeting remains free of cost for our membership. We have continued to provide web based clinical material, practice management material, enhanced resident involvement with our Resident's Corner site, as well as an ongoing relay for information on pertinent state legislative activity and communications from the AAOS.

Lastly, we have strengthened our longstanding role for advocacy and interaction with state legislature and the executive branch. Our legislative committee structure has expanded this year with ongoing engagement year to year with your state representatives. The voice of Maryland orthopaedic surgeons is strong with your support. I invite each of you to join me in supporting the MOA Political Action Committee with a donation to the PAC through www.mdortho.org.

It has been an honor to serve as President of our Maryland Orthopaedic Association. I look forward to seeing you at our 2020 meeting and working together to guide our profession into the next decade. We on the Board of Directors greatly appreciate your involvement and membership in the Maryland Orthopaedic Association and I encourage you to remain engaged in support of our mission.

Sincerely,

Scott McGovern

Scott C. McGovern, MD
President

Upcoming Events

The Annual Sinai Orthopaedic Lecture – April 23, 2020

Sponsored by the Jerome P. Reichmister, MD Educational Fund

Capitol Hill Visits – June 4, 2020

Washington, DC

Abrams Memorial Lecture – October 2020

Sponsored by University of Maryland

Presidential Guest Speaker

Brooke M. Buckley, MD, FACS

Chief Medical Officer, Meritus Health



MOA is pleased to have Brooke M. Buckley, MD, FACS as the 2020 Presidential Guest Speaker. She is a board-certified general surgeon raised in Cleveland, Ohio. She completed her undergraduate studies at The Johns Hopkins University and medical school at The Ohio State University College of Medicine and Public Health. Dr. Buckley completed her general surgical internship and residency at Fairview Hospital in the Cleveland Clinic System before taking her first surgical position with Shore Health in Easton, Maryland in 2007. In

2012, she began working for Anne Arundel Medical Center as an Acute Care Surgeon; subsequently she became the Medical Director of that group and the Division Chief of General Surgery.

Dr. Buckley has dedicated a significant portion of her training and professional life to organized medicine and taking a broader look at medical care delivery, with specific interests in emergency surgical care, health-care delivery to rural communities, and physician wellbeing. Through this passion, she has taken on the roll as Chief Medical Officer of CoreLife, a medical weight-loss company. She has served on the Maryland State Medical Society (MedChi) Legislative Council, Political Action Committee, and Board of Trustees. Most recently she served as MedChi President for 2015-2016 and was re-appointed to the American Medical Political Action Committee Board (AMPAC) in 2016. Prior to this, she served through the American Medical Association as both a national officer for the medical student and resident sections as well as on the AMPAC Board as its resident member. She has attended AMPAC's Campaign and Candidate Schools as well as completed MedChi's Physician Leadership Certificate. She was honored as a Top Doc on the Eastern Shore in 2013.

Dr. Buckley is married to Darrin Lowery, PhD, a researcher in geo-archeology. They have three sons; Jack and twins Joshua and Jacob.

panel discussions, case presentations, and presentations of original research. Participation in the program will afford attendees the opportunity to:

Objective 1: Have open dialogue on current orthopaedic joint preservation and arthroplasty topics and techniques and to discuss their role in orthopaedic practice.

Objective 2: Incorporate innovations from clinical and basic science research into application in orthopaedic practice.

Objective 3: Understand and to help address the issues that orthopedic surgeons in Maryland face and the challenges held by private practice, hospital-based, and university employees with respect to health-care reform and the business of medicine.

Objective 4: Understand the extent of advocacy efforts on behalf of practicing orthopaedic surgeons by the AAOS and MOA in Annapolis and Washington, DC.

SCIENTIFIC E-POSTER SESSION

Scientific Posters are an important feature of the MOA Annual Meeting. Posters will be on display during the Scientific Program, 6:30 am – 4:15 pm.

DISCLAIMER

The products, procedures and opinions presented at this meeting reflect the viewpoint or approach of the presenter only, and are not to be attributed to the Maryland Orthopaedic Association. The Maryland Orthopaedic Association presents such material for informational purposes only, and does not endorse any such product or the content of any such presentation.

FORMAT

The educational sessions will be held Saturday, February 8, from approximately 6:50 am – 4:15 pm at the Graduate Annapolis Hotel, Annapolis, MD.

PHYSICIAN REGISTRATION FEE

Registration fee covers the Scientific Program Sessions, Meeting Syllabus, General Meeting Expenses and Continental Breakfast, Breaks and Lunch.

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2020 MOA ANNUAL MEETING

Scientific Program

Regatta Ballroom, Unless Otherwise Specified

CME Accreditation

The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of 8 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. To ensure correct CME credit is awarded, please complete the MOA 2020 Annual Meeting CME Credit Records online at www.mdortho.org. CME Certificates will be awarded to all registered participants.

- 6:00 am – 4:15 pm **Speaker Ready Room**
- 6:30 am – 4:15 pm **Scientific E-Poster Presentations**
- 6:30 am – 6:50 am **Registration & Continental Breakfast**
- 6:50 am – 7:00 am **Welcome & Course Overview**
Scott C. McGovern, MD, President
John Paul H. Rue, MD, Program Chair

Session 1 – Foot and Ankle

Moderator: Clifford L. Jeng, MD, The Institute for Foot and Ankle Reconstruction at Mercy

- 7:00 am – 7:09 am **Ankle Instability**
Rebecca Cerrato, MD, The Institute for Foot and Ankle Reconstruction at Mercy
- 7:09 am – 7:18 am **Trauma/Fractures**
David J. Kewish, MD, Anne Arundel Medical Center
- 7:18 am – 7:27 am **Arthritis**
Casey Humbyrd, MD, Johns Hopkins University
- 7:27 am – 7:35 am **Discussion**

Session 2 – Sports Medicine

Moderator: John-Paul H. Rue, MD, Mercy Medical Center

- 7:35 am – 7:44 am **Rotator Cuff Repairs in a Young, Active Population**
CDR Lance E. LeClere, MD, US Naval Academy
- 7:44 am – 7:53 am **Patellofemoral Instability**
LTC Jonathan F. Dickens, MD, Walter Reed National Military Medical Center
- 7:53 am – 8:02 am **ACL in 2020**
Dimitri M. Thomas, MD, FAAOS, Anne Arundel Medical Center
- 8:02 am – 8:10 am **Discussion**

8:10 am – 8:30 am **Break with Exhibitors**

Session 3 – Spine

Moderator: Scott C. McGovern, MD, Peninsula Orthopaedic Associates

- 8:30 am – 8:39 am **Cervical DDD (Fusion vs Disc Replacement)**
Khaled M. Kebaish, MD, Johns Hopkins University
- 8:39 am – 8:48 am **Instrumented Lumbar Fusion**
P. Justin Tortolani, MD, MedStar Union Memorial
- 8:48 am – 8:57 am **Benefits of MIS Lateral Interbody Fusion**
Daniel Cavanaugh, MD, University of Maryland
- 8:57 am – 9:05 am **Discussion**

Session 4 – Pediatrics

Moderator: R. Jay Lee, MD, Johns Hopkins University

- 9:05 am – 9:14 am **Fracture Update**
Joshua Abzug, MD, University of Maryland
- 9:14 am – 9:23 am **Pediatric ACL**
R. Jay Lee, MD, Johns Hopkins University
- 9:23 am – 9:32 am **Pediatric Fractures: When to Call your Pediatric Orthopaedist**
Laura Lewallen, MD, Johns Hopkins University
- 9:32 am – 9:40 am **Discussion**

Session 5 – Advocacy

Moderator: Scott C. McGovern, MD, Peninsula Orthopaedic Associates

- 9:40 am – 9:50 am **Advocacy Panel Discussion**
Panel: Gary W. Pushkin, MD, MedStar
Nicholas P. Grosso, MD, The Centers for Advanced Orthopaedics
Scott C. McGovern, MD, Peninsula Orthopaedic Associates
- 9:50 am – 9:55 am **Discussion**

Presidential Guest Speaker Presentation

Moderator: Scott C. McGovern, MD, Peninsula Orthopaedic Associates

- 9:55 am – 10:40 am **Presidential Guest Speaker Presentation**
Brooke M. Buckley, MD, FACS, Meritus Health



2020 MOA ANNUAL MEETING

Scientific Program

Regatta Ballroom, Unless Otherwise Specified

9:55 am – 10:40 am AAOS Update
Daniel Guy, MD, Southern Center for Orthopedics

10:55 am – 11:15 am **Break with Exhibitors**

Session 6 – Basic Science or Clinical Research Presentations

Moderator: TBD

11:15 am – 11:45 am Abstract Presentations

11:45 am – 11:50 am Discussion

Session 7 – Adult Reconstruction

Moderator: Ronald E. Delanois, MD, Rubin Institute for Advanced Orthopaedics

11:50 am-11:59 am Total Hip Arthroplasty Updates
Marc W. Hungerford, MD, Mercy Hospital

11:59 am – 12:08 pm Total Knee Reconstruction
Pasquale Petrer, MD, Peninsula Orthopaedic Associates

12:08 pm – 12:17 pm Navigation in the ASC
H. Paul Khanuja, MD, Johns Hopkins University

12:17 pm – 12:25 pm Discussion

12:25 pm – 1:25 pm **Lunch Break**

Session 8 – Basic Science or Clinical Research Presentations

Moderator: TBD

1:25 pm – 1:55 pm Abstract Presentations

1:55 pm – 2:00 pm Discussion

Session 9 – Optimizing Outcomes for Workman's Compensation Injuries

Moderator: Gary W. Pushkin, MD, MedStar

2:00 pm – 2:09 pm Independent Medical Examinations: Pearls
Gary W. Pushkin, MD, MedStar

2:09 pm – 2:18 pm Work Comp 101: Case Manager Moment
IMF Case Manager, Chesapeake Employers' Insurance Company

2:18 pm – 2:27 pm Managing Outcomes from an Administrator Standpoint
Case Manager, Chesapeake Employers' Insurance Company

2:27 pm – 2:35 pm Discussion

2:35 pm – 2:55 pm **Break with Exhibitors**

Session 10 – Hand

Moderator: John V. Ingari, MD, Johns Hopkins University

2:55 pm – 3:04 pm Upper Extremity Amputee Update
CDR Scott Tintle, MD, Walter Reed National Military Medical Center

3:04 pm – 3:13 pm Revision Carpal Tunnel Surgery
P. Andrew Holt, MD, PhD, Peninsula Orthopaedic Associates (POA)

3:13 pm – 3:22 pm Nerve Entrapment: 2020 Update
TBD

3:22 pm – 3:30 pm Discussion

Session 11 – Shoulder

Moderator: Gregory Gasbarro, MD, Mercy Medical Center

3:30 pm – 3:39 pm Posterior Shoulder Instability
LTC Kelly G. Kilcoyne, MD, Walter Reed National Military Medical Center

3:39 pm – 3:48 pm Arthroscopic Management of Anterior Instability
Mohit Gilotra, MD, University of Maryland

3:48 pm – 3:57 pm Primary and Revision Bone Block Procedures for Anterior Instability
Zachary Zimmer, MD, George Washington University

3:57 pm – 4:05 pm Discussion

4:05 pm – 4:15 pm **Business Meeting / Election of Board of Directors / Awards**
Scott C. McGovern, MD, Peninsula Orthopaedic Associates

4:15 pm – 5:15 pm Social Activity

Now What? How to Handle Unexpected or Unintended Complications



SAVE THE DATE

Capitol Hill Visit

June 4, 2020



Be a part of MOA's delegation to visit our federal representatives on Capitol Hill!

This is a fantastic opportunity to meet with your elected representatives to discuss important issues facing you and your patients.

RSVP to info@mdortho.org and let us know you'll be there.

Keep Orthopaedic Care Accessible & Affordable

Contribute to the MOA PAC Today

The Maryland Orthopaedic Association Political Action Committee (MOA PAC) supports candidates and legislators at the state level who understand the challenges of practicing as an orthopaedist in Maryland, and who are responsive to the orthopaedic community's viewpoints and objectives. With the passage of legislation that will transform healthcare as we know it, your support is crucial.

Your contribution to the MOA PAC will help ensure orthopaedic care remains accessible and affordable for all Marylanders!

Contribute online at www.mdortho.org/advocacy

Contributions to PACs are not tax deductible as charitable contributions. A person can contribute no more than \$4,000 to one Maryland state campaign account and a total of \$10,000 to all Maryland non-federal campaign accounts during the four year cycle, including in-kind contributions. The current cycle began on January 1, 2019 and will end December 31, 2022.

2020 MOA ANNUAL MEETING REGISTRATION

February 8, 2020

**Graduate Annapolis Hotel
126 West Street • Annapolis, MD 21401**

MAIL: MOA, 110 West Road, Suite 227, Towson, MD 21204

PHONE: 877-337-1200 or 410-847-9300

FAX: 410-494-0515

ONLINE: www.mdortho.org

NAME _____ DEGREE _____

PRACTICE _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

PHONE _____ FAX _____

EMAIL _____

REGISTRATION FEES

(Registration Fee includes Scientific Sessions, Continental Breakfast, Lunch, and Breaks)

STATUS (circle one)	FEE
MOA Member	Free
Active Duty Military	Free
Resident/Fellow/Student	Free
Allied Health Professional	\$25
Non-Member	\$100

CANCELLATION POLICY

Full refund (less \$35 administrative fee) will be granted if a cancellation is made prior to 10 business days before the meeting date; a 50% refund if canceled between 5 and 10 business days before the meeting date. No refund will be granted within 5 business days of the meeting date.

PAYMENT METHOD

Enclosed is a check for \$ _____ (payable to Maryland Orthopaedic Association)

Please charge my credit card: Visa MasterCard American Express

Credit Card # _____ Exp Date _____ CVV _____

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Billing Address _____



Maryland
Orthopaedic
Association

110 West Road, Suite 227
Towson, MD 21204

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8
CME
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Presidential Guest Speaker

Brooke M. Buckley, MD, FACS
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