

Maryland Orthopaedic Association 2022 Annual Meeting

March 19, 2022 • Graduate Annapolis Hotel • Annapolis, MD





Presidential Guest Speaker

David P. Green, MD The Hand Center of San Antonio San Antonio, TX

Presidential Guest Speaker

Kaye E. Wilkins, MD University of Texas Health Science Center at San Antonio San Antonio, TX



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President's Welcome John V. Ingari, MD President, Maryland Orthopaedic Association

Dear Colleague,

I am delighted to welcome our members, residents, fellows, exhibitors and guests to the 2022 Annual Meeting of the Maryland Orthopaedic Association (MOA). Since the origin of the MOA in 1966, your state professional organization been the leading vehicle for continued education and fellowship

among Maryland orthopaedic surgeons. Our mission to encourage, promote, and advance the science and medical art and practice of orthopaedic surgery has taken many new avenues in continuous improvement of our profession.

The Annual Meeting is the premier forum for the MOA's scientific, educational, and advocacy awareness. With the dedication of this year's program committee, Board, and executive staff led by our Program Chairman, Dr. Philip McClure, we are excited to present a meaningful event to bring practical and inspiring material home to our professional practices and our patients.

In continued service to our mission, the annual meeting remains free of cost for our membership. We have continued to provide web based clinical material, practice management material, enhanced resident involvement with our Resident's Corner site, as well as an ongoing relay for information on pertinent state legislative activity and communications from the AAOS.

Lastly, we have strengthened our longstanding role for advocacy and interaction with state legislature and the executive branch. Our legislative committee structure has expanded this year with ongoing engagement year to year with your state representatives. The voice of Maryland orthopaedic surgeons is strong with your support. I invite each of you to join me in supporting the MOA Political Action Committee with a donation to the PAC through www.mdortho.org.

It has been an honor to serve as President of our Maryland Orthopaedic Association. I look forward to seeing you at our 2022 meeting and working together to guide our profession into the next decade. We on the Board of Directors greatly appreciate your involvement and membership in the Maryland Orthopaedic Association and I encourage you to remain engaged in support of our mission.

Sincerely,

Jack Ingari John V. Ingari, MD President

MOA Board of Directors

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2022 Program Chair Philip K. McClure, MD



Presidential Guest Speaker

David P. Green, MD

The Hand Center of San Antonio

A native Texan, Dr. Green grew up in El Paso, but went to New York City for his orthopaedic and hand surgery training. In 1970, he joined the full time faculty of the Department of Orthopaedics at the Medical School in San Antonio. For eight years he was the Coordinator of Resident Training, serving also as Chief of the Hand Surgery Service.

While at medical school, Dr. Green co-authored, with Dr. Charles A. Rockwood, a two volume textbook on fractures that is now in its 8th edition and is the standard reference book on this subject.

In 1978, he left the medical school and became the first surgeon in San Antonio to devote his practice entirely to hand and upper extremity surgery.

Dr. Green has a special interest and extensive experience in treating athletic injuries of the hand and wrist and has treated numerous professional athletes, and continues to treat high school and college athletes from the San Antonio area and surrounding communities.

Dr. Green has edited a comprehensive textbook entitled *Operative Hand Surgery* (now in its 7th edition), which is used not only throughout the entire United States, but by hand surgeons in virtually every country in the world. He is also a past president of the American Society for Surgery of the Hand, and has been honored with numerous awards.

Dr. Green is an enthusiastic skier, a drop-out bluegrass banjo picker, and has published several non-medical books that can be found on his author page on Amazon.com.



Presidential Guest Speaker Kaye Wilkins, MD

University of Texas Health Science Center at San Antonio

Dr. Kaye Wilkins graduated from Colorado State University in 1958 with an undergraduate degree and Doctor of Veterinary Medicine. After practicing both large and small animal veterinary medicine for four years, he entered Southwestern Medical School in 1962. Following completion of his internship at Parkland Hospital in 1967, Dr. Wilkins served in the USAF in Iraklion (Crete), Greece until 1969. After complet-

ing his orthopaedic training at UT Southwestern in 1972, he did his fellowship at Hospital for Sick Children in Toronto, Canada. For the next 44 years he was a member of the faculty of the Department of Orthopaedics in the School of Medicine at the University of Texas Health Science Center at San Antonio.

Dr. Wilkins was one of the founding members of the Pediatric Orthopedic Study Group (POSG) which ultimately united with the Pediatric Orthopedic Group to become the Pediatric Orthopaedic Society of North American (POSNA) and played a major role in unifying these two competing societies, serving as POSNA president in 1987-1988. From 1980-2002, Dr. Wilkins served as Chairman of the Committee on Orthopedics in Underdeveloped Regions (COUR) which organized pediatric orthopedic outreach education courses around the world. To date, this committee has conducted 38 Outreach Continuing Pediatric Orthopedic Education Courses in 32 countries and Dr. Wilkins personally participated as a faculty member in at least 25 of these. Dr. Kaye Wilkins is a true humanitarian, surgeon, and educator who has spent his life giving to others.



Scientific Program

Regatta Ballroom (Unless otherwise specified) March 19, 2022 | Graduate Annapolis Hotel | Annapolis, MD

Presenters and times subject to change

6:00 am – 4:00 pm	Speaker Ready Room Surgeon Meeting Room	Session 4 – Sports/Shoulder Symposium Moderator: Amir R. Moinfar, MD, Elite Orthopaedic & Musculoskeletal			
6:00 am – 4:15 pm	Scientific Poster Presentations	Center			
6:00 am – 6:50 am	Registration & Continental Breakfast Atrium	9:05 am – 9:14 am	Update on Rotator Cuff Techniques		
6:50 am – 7:00 am	Welcome & Course Overview John V. Ingari, MD, President		Uma Srikumaran, MD, MBA, Johns Hopkins University		
Philip K. McClure, MD, Program Chair Session 1 – Foot & Ankle Symposium Moderator: Jacob M. Wisbeck, MD, MedStar Union Memorial		9:14 am – 9:23 am	RTSA: Here to Stay Edward G. McFarland, MD, Johns Hopkins University		
7:00 am – 7:09 am	Arthroplasty vs. Fusion Ankle Arthritis John T. Campbell, MD, Mercy Medical Center	9:23 am – 9:32 am	PRP – Who Does It Work For? Craig Bennett, MD, Lifebridge Health		
7:09 am – 7:18 am	Blocks in Foot and Ankle Surgery: Safety and Risks	9:32 am – 9:40 am	Discussion		
		Presidential Guest Speaker Presentation			
7 10 7 77	Nigel N. Hsu, MD, Johns Hopkins University	Moderator: John V. Ingari, MD, Lifebridge Health			
7:18 am – 7:27 am	The Syndesmosis: How It Screws You Natalie Danna, MD, University of Maryland Medical Center	9:40 am – 10:10 am	Orthopaedics Will Overcome Kaye E. Wilkins, MD, University of Texas Health Science Center at San Antonio		
7:27 am – 7:35 am	Discussion	10·10 am – 10·30 am B	reak with Exhibitors Atrium		
Session 2 – Deformity Across Specialties Symposium Moderator: John E. Herzenberg, MD, International Center for Limb Lengthening		Session 5 – Abstracts Moderator: Philip K. McClure, MD, International Center for Limb Lengthening			
7:35 am – 7:44 am	Osteotomy vs. Arthroplasty (Arthroplasty) James Nace, DO, Rubin Institute for Advanced Orthopaedics	10:30 am – 10:36 am	1.5- vs. 2-Stage Exchange TKA following PJI Oliver C. Sax, DO, MS, Rubin Institute for Advanced Orthopedics, Sinai Hospital of		
7:44 am – 7:53 am	Osteotomy vs. Arthroplasty (Osteotomy + Sports Implications) Michael Assayag, MD, International Center for Limb Lengthening		Baltimore		
		10:36 am – 10:42 am	Bacteriophage Therapy Potential for Peripros- thetic Joint Infection Staphylococcal Isolates Brian De Palma, MD, University of Maryland		
7:53 am – 8:02 am	Leg Length Discrepancy vs. Osteotomy in Sports Philip K. McClure MD, International Center for Limb Lengthening	10:42 10:40	Medical Center		
		10:42 am – 10:48 am	Anatomical Study of the Popliteal Artery in the Pediatric Knee		
8:02 am – 8:10 am	Discussion		Frederick Mun, BS, BA, Penn State College		
8:10 am – 8:30 am	Break with Exhibitors Atrium		of Medicine		
Session 3 – Orthopaedics on Steroids Symposium Moderator: Ronald E. Delanois, MD, Sinai Hospital of Baltimore		10:48 am – 10:54 am	Comparison of Arthroscopy vs. Open Arthrotomy for Treatment of Knee Septic		
8:30 am – 8:39 am	Corticosteroids and TKA Arthroplasty Paul J. King, MD, Anne Arundel Medical Group		Arthritis Alexander Dobek, MPH, George Washington		
8:39 am – 8:48 am	Corticosteroids in Spinal Pathology (+/- Prefusion) Julio J. Jauregui, MD, University of Maryland	10:54 am – 11:00 am	University School of Medicine and Health Sciences		
			Single-Dose Antibiotic Prophylaxis to Prevent Periprosthetic Joint Infection		
8:48 am – 8:57 am	Corticosteroids in Upper Extremity (Hand/Elbow – Tendon Rupture) Mark A. Slabaugh, MD, Mercy Medical Center		Paulina Szakiel, MS, Georgetown University School of Medicine		
8:57 am – 9:05 am	Discussion	11:00 am – 11:10 am	Discussion		

The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of 7.5 AMA PRA Category 1 Credits^M. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Complete the CME forms online at **www.mdortho.org/2022cme**

Scientific Program

Presenters and times

subject to change

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Business Meeting Including Advocacy and Election of Board of		2:31 pm – 2:40 pm	Discussion		
Directors		2:40 pm – 3:00 pm	Break with Exhibitors Atrium		
11:10 am – 11:25 am Business Meeting		Session 9 – Abstracts			
Session 6 – Advocacy Symposium Moderator: Gary W. Pushkin, MD, Baltimore, MD		Moderator: Philip K. McClure, MD, International Center for Limb Lengthening			
11:25 am – 11:55 am	Orthopods at the Table: Advocacy Through the AAOS Douglas W. Lundy, MD, MBA, St. Luke's University Health Network	3:00 pm – 3:06 pm	Fragility of Randomized Controlled Trials for Treatment of Proximal Humerus Fractures Austin H. Carroll, BA, Georgetown University School of Medicine		
11:55 am – 12:00 pm	Discussion		*Presented by Melissa A. Wright, MD		
12:00 pm – 12:50 pm	Lunch Break Atrium	3:06 pm – 3:12 pm	Complications of MCGRs and TGRs in the Management of EOS: A Multicenter Database		
Presidential Guest Spea	ker Presentation		Study Of 800 Patients		
12:50 pm – 1:20 pm	Behind the Scenes. How the Books Were Born David P. Green, MD, The Hand Center of San		Smitha E. Mathew, DC, Children's National Hospital		
Antonio Session 7 – Abstracts Moderator: Philip K. McClure, MD, International Center for Limb Lengthening 1:20 pm – 1:26 pm Surgery Timing for Distal Radius Fractures by		3:12 pm – 3:18 pm	Biomechanical Comparison of Four- vs. Six-Strand Transosseous Suture Repair for Patellar Tendon Rupture Tina Zhang, MD, University of Maryland School of Medicine		
	Geographic Socioeconomic Disadvantage Amy L. Xu, BS, Johns Hopkins University	3:18 pm – 3:24 pm	Adjustable Cortical Fixation Repair for Extensor Mechanism Rupture: Case Series		
1:26 pm – 1:32 pm	Racial Disparities in Spine Surgery Kevin Mo, MHA, Johns Hopkins University		William R. Rate IV, MS, Georgetown University School of Medicine		
1:32 pm – 1:38 pm	Patients from Underserved Areas have Worse Outcomes after TJA S. Elliott Holbert, DO, Anne Arundel Medical Center	3:24 pm – 3:30 pm	CCN2 Knockout Demonstrates Enhanced Achilles Tendon Healing in Adult Mice Danielle Sim, BA, University of Maryland School of Medicine *Presented by Natalie L. Leong, MD		
1:38 pm – 1:44 pm	Patient Out-Of-Pocket Cost Burden with Elective Orthopaedic Surgery Carlos Ortiz-Babilonia, BS, Johns Hopkins University	3:30 pm – 3:40 pm	Discussion		
		Session 10 – Arthroplasty Symposium			
		Moderator: Henry R. Boucher, MD, MedStar Union Memorial			
1:44 pm – 1:50 pm	Does Patient-Level Payment Increase after Removal of TKA from the Inpatient-Only List? Aoife MacMahon, MD, Johns Hopkins	3:40 pm – 3:49 pm	To Cement or Not (TKA) Mark D. Hasenauer, MD, MedStar Union Memorial		
1:50 pm – 1:55 pm	University School of Medicine Discussion	3:49 pm – 3:58 pm	UKA vs. TKA: Current Trends Marc M. DeHart, MD, FDA		
Session 8 – Trauma Symposium Moderator: Raymond A. Pensy, MD, University of Maryland Medical System		3:58 pm – 4:07 pm	Robotic TKA: Here to Stay? Michael A. Mont, MD, Sinai Hospital of Baltimore		
1:55 pm – 2:04 pm	Pediatric Elbow (SCH Latest) Joshua M. Abzug, MD, University of Maryland Medical System	4:07 pm – 4:15 pm	Discussion		
		Presidential Guest Speaker Presentation			
2:04 pm – 2:13 pm		4:15 pm – 4:50 pm	Awards Presentation		
	Distal Humerus ORIF Tips/Tricks Raymond A. Pensy, MD, University of Maryland Medical System	5:00 pm – 5:30 pm	Panel Discussion – Career Aspirations David P. Green, MD, The Hand Center of San Antonio Kaye E. Wilkins, MD, University of Texas Health Science Center at San Antonio		
2:13 pm – 2:22 pm	Update on Distal Radius Clayton Alexander, MD, Mercy Medical Center				
2:22 pm – 2:31 pm	Clavicle Fractures WTD S. Ashfaq Hasan, MD, University of Maryland Medical System				

Poster Presentations

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Poster Presentations

Trends in Diagnosis and Treatment of Osteoporosis after Periprosthetic Fractures

Tyler Bahoravitch, BA, George Washington University

Bariatric Surgery Prior to Total Hip Arthroplasty: Does Timing or Type Matter?

Sandeep S. Bains, MD, Rubin Institute of Advanced Orthopaedics at Sinai Hospital

Is Conversion Total Knee Arthroplasty a Distinct Surgical Procedure? Zhongming Chen, MD, Rubin Institute for Advanced Orthopedics, Sinai Hospital of Baltimore

Do Orthopaedic Trainees Have Sufficient Exposure to Open Shoulder Stabilization?

Grant Duvall, MD, Medstar Union Memorial Hospital

Infection Rates and Risk Factors After Magnetic Internal Nail Lengthening

Larysa P. Hlukha, MBBS, Rubin Institute for Advanced Orthopedics, Sinai Hospital of Baltimore

Preoperative Expectations are not Predictive of Postoperative Hand Surgery Outcomes

Brandon Leon, University of Maryland School of Medicine

Single-Level Cervical Disc Replacement Associated with Increased Anterior Revision Compared to Anterior Cervical Discectomy and Fusion

Alisa Malyavko, MS, George Washington University School of Medicine and Health Sciences

Clinical Outcomes in Resurfaced Versus Non-Resurfaced Patellae After Arthroplasty using a Single Implant Type **Kevin Mekkawy, DO, Johns Hopkins University**

Outcomes of Cruciate Retaining, Posterior Stabilized, and Ultracongruent Articulations in Total Knee Arthroplasty: An Analysis from the American Joint Replacement Registry **Kevin Mekkawy, DO, Johns Hopkins University**

Transfusions after Bilateral Total Knee Arthroplasty: Risk Factors and Complications Matthew J. Best, MD, Johns Hopkins University

Preoperative Duration of Pain is Associated with Chronic Opioid Use after Adult Spinal Deformity Surgery **Kevin Mo, MHA, Johns Hopkins University**

The Impact of the COVID-19 Pandemic on the Orthopaedic Surgery Residency Application Process: What Can We Learn? **Bo Zhang, Johns Hopkins University**

E-Poster Presentations

Emergency Department Visits After Outpatient Spine Surgery **Daniel Badin, MD, Johns Hopkins University**

The Spectrum of Foot Deformities in Loeys-Dietz Syndrome **Daniel Badin, MD, Johns Hopkins University**

A Novel Method for Stratification of Major Complication Risk using Body Mass Index Thresholds for Patients Undergoing Total Hip Arthroplasty: A National Cohort of 224,413 Patients **Andrew Harris, MD, Johns Hopkins Orthopaedic Surgery**

The Use of Adductor Canal Blocks in Patients Undergoing TKA **S. Elliott Holbert, DO, Anne Arundel Medical Center**

Outcomes of Patients Undergoing TKA with Spinal Anesthesia S. Elliott Holbert, DO, Anne Arundel Medical Center

Effects of Depression and Anxiety on Outcomes following Rotator Cuff Repair

Andrea H. Johnson, MSN, CRNP, Anne Arundel Medical Center

Emergency Department Visits for Pediatric Spine Fractures: Trends through COVID-19

Kevin Mo, MHA, Johns Hopkins University

Defining Completely Better Status Through Patient-Reported Outcomes After RCR

Seyedeh Z. Mousavi, University of Maryland School of Medicine

Foot Temperature Changes after Loss of MEPs in Spine Surgery Frederick Mun, BS, BA, Penn State College of Medicine

Does Pre-Operative Statin Exposure Reduce PJIs and Revisions following TJA? **Oliver Sax, DO, MS, Rubin Institute for Advanced Orthopedics,**

Sinai Hospital of Baltimore

Osteolysis Resolution in Stainless-Steel Magnetic Limb Lengthening Nails After Explanation

Oliver Sax, DO, MS, Rubin Institute for Advanced Orthopedics, Sinai Hospital of Baltimore

Impact of E-Scooter Injuries: A Meta-Analysis of 34 Studies **Priya Singh, MS, Johns Hopkins University School of Medicine**

Anatomical Study of the Adductor Canal in the Pediatric Knee **Sukrit J. Suresh, Penn State College of Medicine**

Geographic Variability in Orthopaedic Surgeon Density in the United States

Carlos Ortiz-Babilonia, BS, Johns Hopkins University

Characteristics of Spine Surgery Performed at Ambulatory Surgical Centers

Carlos Ortiz-Babilonia, BS, Johns Hopkins University

Keep Orthopaedic Care Accessible & Affordable Contribute to the MOA PAC Today

The Maryland Orthopaedic Association Political Action Committee (MOA PAC) supports candidates and legislators at the state level who understand the challenges of practicing as an orthopaedist in Maryland, and who are responsive to the orthopaedic community's viewpoints and objectives. With the passage of legislation that will transform healthcare as we know it, your support is crucial.

Your contribution to the MOA PAC will help ensure that orthopaedic care remains accessible and affordable for all Marylanders!

Contribute online at www.mdortho.org or fill out the attached form and return to the MOA.

Contributions to PACs are not tax deductible as charitable contributions. A person can contribute no more than \$4,000 to one Maryland state campaign account and a total of \$10,000 to all Maryland non-federal campaign accounts during the four year cycle, including in-kind contributions. The current cycle began on January 1, 2019 and will end December 31, 2022.

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MOA PAC Contribution Form

Thank you for your support!

Thank You

The Maryland Orthopaedic Association is grateful for the support of its exhibitors and grantors. Thank you for your participation and commitment to the MOA.

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EXHIBITOR

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