



Maryland Orthopaedic Association

2024 Annual Meeting

Approx.
6
CME Credits

February 10, 2024 • Hilton Baltimore BWI Hotel • Linthicum Heights, MD

Preliminary Program



Presidential Guest Speaker

John H. Wilckens, MD
Johns Hopkins University
Baltimore, MD

www.mdortho.org

SCIENTIFIC PROGRAM ACCREDITATION INFORMATION

2024 PROGRAM COMMITTEE

A sincere thank you to this year's Program Committee for developing an outstanding scientific program. Your hard work and dedication are appreciated.

Clayton Alexander, MD – program co-chair
Mark Slabaugh, MD– program co-chair
Gary Pushkin, MD
John-Paul Rue, MD
Mohit Gilotra, MD

SCIENTIFIC PROGRAM DETAILS

The Maryland Orthopaedic Association's Annual Meeting has been developed by the MOA Program Committee in conjunction with the American Academy of Orthopaedic Surgeons.

TARGET AUDIENCE

The 2024 MOA Annual Meeting is designed to meet the needs of Orthopaedic Surgeons and Orthopaedic Residents and Fellows. Information presented may also be of interest to physicians working in an orthopaedic setting.

CME ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Maryland Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of approximately 6 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PURPOSE

Exchange of scientific information is vital to continuing professional development; therefore, the Program Committee of the MOA has selected key submitted scientific papers and invited nationally respected moderators and speakers to discuss the research findings. They will also comment on current issues facing the practicing orthopaedic surgeon.



President's Welcome

John-Paul Rue, MD

President, Maryland Orthopaedic Association

Dear Colleague,

I am thrilled to extend a warm welcome to our esteemed members, residents, fellows, exhibitors, and guests attending the 2024 Annual Meeting of the Maryland Orthopaedic Association (MOA). Since its inception in 1966, our state professional organization has been at the forefront of fostering education and camaraderie among Maryland orthopaedic surgeons. The MOA's mission, aimed at encouraging, promoting, and advancing the science and medical art and practice of orthopaedic surgery, continues to evolve as we strive for continuous improvement within our profession.

The Annual Meeting stands as the pinnacle event for the MOA, serving as a premier platform for scientific discourse, educational endeavors, and advocacy awareness. With unwavering dedication from this year's program committee, Board, and executive staff, under the guidance of our Program Co-Chairs, Drs. Clayton Alexander and Mark Slabaugh, we are excited to present an event that promises to deliver practical and inspiring insights beneficial to our professional practices and, ultimately, our patients.

In alignment with our commitment to our mission, the Annual Meeting remains free of cost for our valued membership. Our commitment to advocacy and engagement with the state legislature and executive branch has been fortified. The collective voice of Maryland orthopaedic surgeons resonates strongly with your support. I invite each of you to join me in bolstering the MOA Political Action Committee by making a donation through www.mdortho.org.

Serving as President of the Maryland Orthopaedic Association has been a profound honor. I eagerly anticipate our gathering at the 2024 meeting and working collaboratively to steer our profession into the next decade. The Board of Directors extends its sincere appreciation for your active involvement and membership in the Maryland Orthopaedic Association, and I urge you to stay engaged in steadfast support of our mission.

Sincerely,

John-Paul Rue, MD

John-Paul Rue, MD
President

Upcoming Events

The Annual Sinai Orthopaedic Lecture – April 2024

Sponsored by the Jerome P. Reichmister, MD Educational Fund

Abrams Memorial Lecture – October 2024

Sponsored by University of Maryland

Robinson Memorial Lecture – January 2025

Sponsored by Johns Hopkins Orthopaedics



Presidential Guest Speaker

John H. Wilckens, MD

Johns Hopkins University

John Wilckens, MD, is a sports medicine specialist who treats patients with a variety of sports injuries and orthopaedic conditions, including baseball injuries, running injuries and shoulder problems.

Dr. Wilckens serves as the medical director of Johns Hopkins Orthopaedics at White Marsh and as a division chief for sports medicine at the Johns Hopkins Department of Orthopaedic Surgery. He holds research interests in sports medicine, adolescent sports injuries, ligament reconstruction, running injuries, injury prevention and arthroscopy.

Dr. Wilckens serves as team physician for the U.S. Naval Academy's athletic programs. He is a member of the American Academy of Orthopaedic Surgeons, and serves on the Council of Delegates for American Orthopaedic Society for Sports Medicine.



MOA Board of Directors

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Benjamin Nelson, MD

OBJECTIVES

Educational objectives will be met through a general session offering guest presentations, panel discussions, case presentations, and presentations of original research. Participation in the program will afford attendees the opportunity to:

Objective 1: Have open dialogue on current topics and techniques and to discuss their role in orthopaedic practice.

Objective 2: Incorporate innovations from clinical and basic science research into application in orthopaedic practice.

Objective 3: Understand and to help address the issues that orthopedic surgeons in Maryland face and the challenges held by private practice, hospital-based, and university employees with respect to health-care reform.

Objective 4: Understand the extent of advocacy efforts on behalf of practicing orthopaedic surgeons by the AAOS and MOA in Annapolis and Washington, DC.

POSTER SESSION

Scientific Posters are an important feature of the MOA Annual Meeting. Posters will be on display during the Scientific Program, 6:30 am – 4:00 pm.

DISCLAIMER

The products, procedures and opinions presented at this meeting reflect the viewpoint or approach of the presenter only, and are not to be attributed to the Maryland Orthopaedic Association. The Maryland Orthopaedic Association presents such material for informational purposes only, and does not endorse any such product or the content of any such presentation.

FORMAT

The educational sessions will be held Saturday, February 10, from approximately 6:30 am – 4:00 pm at the Hilton Baltimore BWI Hotel, Linthicum Heights, MD.

PHYSICIAN REGISTRATION FEE

Registration fee covers the Scientific Program Sessions, Meeting Syllabus, General Meeting Expenses and Continental Breakfast, Breaks and Lunch.

Approx.

6

CME Credits

2024 MOA ANNUAL MEETING Scientific Program

February 10, 2024

CME Accreditation

The American Academy of Orthopaedic Surgeons designates this live activity for approximately 6 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. To ensure correct CME credit is awarded, please complete the MOA 2024 Annual Meeting CME Credit Records online at www.mdortho.org. CME Certificates will be awarded to all registered participants.

6:00 am – 4:00 pm Speaker Ready Room
 6:30 am – 4:00 pm Scientific Poster Presentations
 6:30 am – 6:50 am Registration & Continental Breakfast
 6:50 am – 7:00 am Welcome & Course Overview
 John-Paul Rue, MD, President
 Clayton Alexander, MD, Program Co-Chair-
 Mark Slabaugh, MD, Program Co-Chair

Session 1 – Sports Symposium

Moderator: R. Frank Henn, MD, University of Maryland

7:00 am – 7:08 am MRI Findings of ALL Tears: Have I Seen It
 or Has it Seen Me?
 Daisy Uppal, MD, Charter Radiology
 7:08 am – 7:16 am ALL Reconstruction: Should I Follow the
 French and Add This to My ACL Reperto-
 re?
 Adam Pickett, MD, Walter Reed National
 Military Medical Center
 7:16 am – 7:24 am Nuts/Bolts of ALL Reconstruction:
 Techniques/Outcomes
 Alex Johnson, MD, Johns Hopkins
 7:24 am – 7:30 am Discussion

Session 2 – Pediatrics Symposium

Moderator: Paul Sponseller, MBA, MD, Johns Hopkins

7:30 am – 7:38 am What's New with the Usual Suspects? ACL,
 Meniscus and Patella
 R. Jay Lee, MD, Johns Hopkins
 7:38 am – 7:46 am How to Avoid Common Missed Diagnoses
 Alexandra Miller Dunham, MD, University
 of Maryland
 7:46 am – 7:54 am Recognizing and Managing Growth Distur-
 bances after Fracture
 Erin Honcharuk, MD, Johns Hopkins
 7:54 am – 8:00 am Discussion

8:00 am – 8:20 am **Break with Exhibitors**

Session 3 – Hand Symposium

Moderator: Chris Jones, MD, Luminis Health

8:20 am – 8:28 am Updates on Management of Thumb CMC
 Arthritis
 Alexander Hahn, MD, University of Mary-
 land

8:28 am – 8:36 am On the Evolution of Hand Surgery
 Beatrice Grasu, MD, OrthoMaryland
 8:36 am – 8:44 am "There's a Lump in My Hand!" Evaluation
 and Management
 Sophia Strike, MD, Johns Hopkins
 8:44 am – 8:50 am Discussion

Session 4 – Shoulder/Elbow Symposium

Moderator: Ana Mata-Fink, MD, Peninsula Orthopaedics

8:50 am – 8:58 am Operative vs. Non-Operative Treatment of
 Grade III/V ACJ Injuries: Wage War or Re-
 treat
 Kelly Kilcoyne, MD, Walter Reed National
 Military Medical Center
 8:58 am – 9:06 am Decision-Making for Treatment of Unsta-
 ble Distal Clavicle Injuries: Hook, Line or
 Screw
 Khurram Pervaiz, MD, Orthopaedic Asso-
 ciates of Central MD
 9:06 am – 9:14 am AC Arthrosis: Benign Neglect, Inject or Re-
 sect for This Ubiquitous MRI Finding?
 Natalie Leong, MD, University of Mary-
 land

9:14 am – 9:20 am Discussion

9:20 am – 9:40 am **Break with Exhibitors**

Session 5 – Clinical Abstracts

Moderator: Aviram Giladi, MD, Curtis National Hand Center at
 Union Memorial

9:40 am – 10:05 am Abstract Presentations
 10:05 am – 10:15 am Discussion

Session 6 – Adult Reconstruction: Symposium

Moderator: Ke Xie, MD, Orthopaedic Associates of Central Mary-
 land

10:15 am – 10:23 am New Technology in Orthopaedic Surgery
 Marc Hungerford, MD, Mercy Medical
 Center
 10:23 am – 10:31 am Choosing Femoral Fixation in Hemi and
 Total Hip Arthroplasty
 Harpal Khanuja, MD, Johns Hopkins
 10:31 am – 10:39 am Current Prevention and Management of
 Prosthetic Joint Infection
 Mark Hasenauer, MD, Medstar



2024 MOA ANNUAL MEETING Scientific Program

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10:39 am – 10:45 am Discussion
10:45 am – 11:05 am **Break with Exhibitors**
11:05 am – 11:10 am **MOA Business Meeting**
Presidential Guest Speaker Presentation
Moderator: John-Paul Rue, MD, Mercy Medical Center
11:10 am – 12:10 pm Presentation
John Wilckens, MD
Johns Hopkins University
12:10 pm – 1:20 pm **Lunch Break**
Session 7 – Non-Clinical Abstracts
Moderator: Chris Raffo, MD, Maryland Orthopaedic Specialists
1:20 pm – 1:45 pm Abstract Presentations
1:45 pm – 1:50 pm Discussion
Session 8 – Foot & Ankle Symposium
Moderator: John Campbell, MD Mercy Medical Center
1:50 pm – 1:58 pm Use of Weight-Bearing CT in Foot and Ankle Reconstruction
Sudheer Reddy, MD, Shady Grove Orthopaedics
1:58 pm – 2:06 pm Management of Dropfoot
Natalie Danna, MD, University of MD
2:06 pm – 2:14 pm New Trends in Minimally-Invasive Foot and Ankle Surgery
Amiethab Aiyer, MD, Johns Hopkins University
2:14 pm – 2:20 pm Discussion
2:20 pm – 2:40 pm **Break with Exhibitors**
Session 9 – Trauma Symposium
Moderator: Babar Shafiq, MD, Johns Hopkins
2:40 pm – 2:48 pm Geriatric Fracture Care: Current Best Practices
Rachel Sotsky, MD, Johns Hopkins

2:48 pm – 2:56 pm “Doc, When Can I Drive?” Evidence to Support Returning to Activities after Orthopaedic Injury
Mark Gage, MD, University of Maryland Shock Trauma Center
2:56 pm – 3:02 pm Management of the Terrible Triad and Associated Injuries
Duc Nguyen, MD, Johns Hopkins
3:02 pm – 3:10 pm Discussion
Session 10 – General Symposium
Moderator: Clayton Alexander, MD, Mercy Medical Center
3:10 pm – 3:15 pm OREF Advocacy and Update
Natalie Leong, MD, University of Maryland
3:15 pm – 3:25 pm Advocacy and MOA
Gary Pushkin, MD, Cohen & Pushkin, MD, PA
3:25 pm – 3:35 pm Physicians Leading Physicians to Financial Independence at the Baltimore City Medical Society
Ronald Delanois, MD, Lifebridge Health
3:35 pm – 3:45 pm Starting a Residency Program
John V. Ingari, MD, Lifebridge Health
3:45 pm – 3:55 pm How to Start and Manage an Efficient Surgery Center in Maryland
Vivek Sood, MD, SurgCenter Development
Presidential Awards Presentation
4:00 pm – 4:15 pm Awards Presentation
4:15 pm – 5:00 pm Panel discussion for Residents and Fellows with cocktail hour





Keep Orthopaedic Care Accessible & Affordable Contribute to the MOA PAC Today

The Maryland Orthopaedic Association Political Action Committee (MOA PAC) supports candidates and legislators at the state level who understand the challenges of practicing as an orthopaedist in Maryland, and who are responsive to the orthopaedic community's viewpoints and objectives.

Your contribution to the MOA PAC will help ensure orthopaedic care remains accessible and affordable for all Marylanders!

Contribute online at www.mdortho.org/advocacy

Contributions to PACs are not tax deductible as charitable contributions. A person can contribute no more than \$4,000 to one Maryland state campaign account and a total of \$10,000 to all Maryland non-federal campaign accounts during the four year cycle, including in-kind contributions. The current cycle began on January 1, 2023 and will end December 31, 2026.

2024 MOA ANNUAL MEETING REGISTRATION

February 10, 2024

Hilton Baltimore BWI Hotel

1739 W Nursery Rd • Linthicum Heights, MD 21090

MAIL: MOA, 110 West Road, Suite 227, Towson, MD 21204

PHONE: 877-337-1200 or 410-847-9300

FAX: 410-494-0515

ONLINE: www.mdortho.org

NAME _____ DEGREE _____

PRACTICE _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

PHONE _____ FAX _____

EMAIL _____

REGISTRATION FEES

(Registration Fee includes Scientific Sessions, Continental Breakfast, Lunch, and Breaks)

STATUS (circle one)	FEE
MOA Member	Free
Active Duty Military	Free
Resident/Fellow/Student	Free
Allied Health Professional	\$25
Non-Member	\$100

CANCELLATION POLICY

Full refund (less \$35 administrative fee) will be granted if a cancellation is made prior to 10 business days before the meeting date; a 50% refund if canceled between 5 and 10 business days before the meeting date. No refund will be granted within 5 business days of the meeting date.

◊ I would like to opt out of receiving promotional emails.

◊ Do not share my information with third party vendors.

PAYMENT METHOD

Enclosed is a check for \$ _____ (payable to Maryland Orthopaedic Association)

Please charge my credit card: Visa MasterCard American Express

Credit Card # _____ Exp Date _____ CVV _____

Name on Card _____

Billing Address _____



Maryland
Orthopaedic
Association

110 West Road, Suite 227
Towson, MD 21204

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John H. Wilckens, MD

Johns Hopkins University
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